

**Columbia University Irving Medical Center /
NewYork-Presbyterian Hospital
Clinical Psychology Externship in Mother and Child
Integrated Mental Health Program**

The Department of Child and Adolescent Psychiatry at CUIMC/NYPH is offering a part-time one year clinical psychology externship in the Mother and Child Integrated Mental Health program (MAC-IMP) and is accepting applicants for the 2022-2023 training year. The time commitment for this externship is 20 hours per week.

Description of Training Program

The extern will have the opportunity to provide direct clinical services to adults during pregnancy, postpartum, or early parenthood and early childhood interventions under the supervision of licensed clinical psychologists established in the Integrated Mental Health Program, NYP Ambulatory Care Network as a part of NYP-CUIMC's enhanced HealthySteps program. This program provides prenatal support to parents-to-be in their third trimester of pregnancy, perinatal support to new caregivers or caregivers of high-risk infants, and parenting support to families of children ages 0-3 who might be experiencing impaired attachment, sleeping or feeding difficulties, behavioral problems, developmental delays, or family trauma.

Training Models & Experience:

This externship provides trainees with extensive opportunity to acquire clinical experience in maternal and early childhood mental health as a part of an integrated, multi-disciplinary team embedded within outpatient obstetrics and pediatric care settings.

Interventions are primarily short-term in nature, with longer term case management and consultation often required, as well as ample administration of various screenings and provision of patient

psychoeducation in individual and group formats. Externs will receive training and supervision in evidence-based treatments for postpartum mood and anxiety disorders.

Externs will participate in interdisciplinary team meetings, weekly didactics, and Psychiatry Grand Rounds. Topics of discussion may include perinatal mood and anxiety disorders, domestic violence, vicarious trauma, early intervention and assessment, and positive parenting. Externs will have access to ongoing didactics and case conferences to help deepen their knowledge in the following topics: short-term psychodynamic psychotherapy, dyadic therapy, systems, case formulation and professional development.

Supervision:

Externs will receive at least 3 supervision hours per week, including 2 hours of individual supervision and 1 hour of group/peer supervision.

Salary & Benefits

The position is not paid.

Qualifications

Candidates must be in their 3rd year of training in an APA accredited PhD/PsyD in clinical or counseling psychology program. Experience in early childhood settings is preferred. Bilingualism in English/Spanish is preferred but not required. We are seeking candidates who have strong clinical and interpersonal skills, and who are highly motivated and independent.

Apply

Email a cover letter, curriculum vitae, and 2 letters of reference to:

Laura Harford, PsyD

Clinical Psychologist
lah9119@nyp.org