

The School-Based Mental Health Program Children's Hospital of New York-Presbyterian

The School-Based Mental Health Program (SBMHP) is an outpatient mental health service that is part of the Department of Pediatric Psychiatry in Morgan Stanley Children's Hospital of New York-Presbyterian. SBMHP works in collaboration with the New York City Department of Education and state and city public mental health authorities to provide school-based mental health services in public schools throughout Northern Manhattan, currently serving 11 elementary school and 3 middle school sites. The School-Based Mental Health Program provides on-site clinical, psychiatric, case management, and school consultation services to children from Pre-Kindergarten to 8th grade and their families. Patients have a variety of externalizing and internalizing disorders. The majority of families are bi-cultural and bilingual (Spanish/English).

Externs will provide individual therapy, parenting support, group therapy, school consultation, diagnostic evaluations, neuropsychological testing, and linkage to appropriate community-based services. Most services are provided on-site at the school with the exception of neuropsychological testing, which will take place at the hospital with the Promise Program. Many services and didactics are currently being provided remotely through telehealth due to the pandemic. The extern will carry approximately 4 individual therapy cases, co-lead one group, complete 1-2 partial or full neuropsychological evaluations, and 3 initial diagnostic evaluations over the course of the year.

Externs will be supervised by New York State Licensed Psychologists. A supervisor will be on-site at all times when externs are seeing patients in person, or available by phone when patients are being seen remotely. Supervision will be broken down accordingly: one hour per week with their primary clinical supervisor regarding evaluation and therapy cases; one hour per week with their Promise Program supervisor regarding neuropsychological testing cases; and one hour per week of group supervision in multidisciplinary team meetings. Additional supervision will be provided as needed. Externs will attend a one and a half hour weekly didactic seminar with other externs. Bilingual (Spanish-speaking) trainees are also invited to attend a weekly seminar focused on helping them to develop cultural and linguistic competence in providing clinical services to Spanish-speaking populations. Externs also have the opportunity to attend weekly Grand Rounds presentations at the New York State Psychiatric Institute.

The externship will run from July 1st through the end of June. Externs are expected to complete 16 hours per week, which can be scheduled over 2 days (or 3 days with DCT permission). Wednesday is a strongly recommended day for externs to be available to attend multidisciplinary team meetings and didactics. Doctoral candidates must be enrolled in at least their 3rd year in an APA-accredited clinical or school psychology program, have prior therapy and assessment experience with children, and have a working knowledge of the DSM-V. Fluency in Spanish is preferred, but not required. To apply, please upload a letter of interest, CV, DCT letter of readiness, two letters of recommendation, and a sample testing report to the NYNJADOT externship portal at <https://nynjadot.apa.org> following the NYNJADOT-PSYDNYS externship guidelines.