

NewYork-Presbyterian

At NYP, our goal is to keep staff, patients, and visitors safe during the outbreak of sickness caused by coronavirus (COVID-19). Below is information about the virus and tips on how to stay healthy.



What is a coronavirus?

Coronaviruses are viruses that cause sicknesses like the common cold. In December 2019, a new virus was seen in people in Wuhan City, China, and caused the ongoing outbreak that is spreading into other countries. The sickness caused by this virus is now called COVID-19.



What are the symptoms of COVID-19?

The symptoms can include fever, cough, a stuffy and runny nose, and having trouble breathing. Most people have only mild symptoms, but some can become very sick.



How do I stay healthy?

The risk of getting COVID-19 in the United States is very low. Here are tips on how to stay healthy:

- ▶ Wash your hands or use an alcohol-based hand sanitizer
- ▶ Avoid touching your eyes, nose, and mouth with unwashed hands
- ▶ Avoid close contact with people who are sick
- ▶ Stay home when you are sick
- ▶ Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands. If you don't have a tissue, cough or sneeze into your elbow, rather than into your hands.
- ▶ Clean and disinfect frequently touched objects and surfaces



What is NYP doing to prepare for an outbreak?

NYP is following directions from our local and state departments of health and the Centers for Disease Control and Prevention (CDC). Our medical staff is trained to recognize patients who may have COVID-19 infection, and to keep the virus from spreading.



Where can I get more information?

More information can be found on the Infonet and CDC website. If you have questions, email InfectionPreventionControl@nyp.org.