



POSTDOCTORAL FELLOWSHIP IN ADULT MOOD AND ANXIETY DISORDERS COLUMBIA UNIVERSITY IRVING MEDICAL CENTER PSYCHIATRY DEPARTMENT

Overview: Based in midtown Manhattan, this one year postdoctoral fellowship in mood and anxiety disorders within Columbia University Irving Medical Center's Department of Psychiatry places emphasis on clinical training with adult outpatients seeking psychiatric intake and consultation, individual therapy, and group psychotherapy. The fellow will treat a diagnostically diverse patient population across two partnered outpatient sites providing targeted, empirically-supported treatments for mood, anxiety, and personality disorders, including but not limited to DBT, CBT, mindfulness-based, and psychodynamic therapies. Additionally, the fellow will have an opportunity to hone specialization in trauma, family and couples interventions, and day treatment and outpatient groups (skills groups, process groups). The fellow will work with and learn from an interdisciplinary team, participate in weekly supervision, didactics, team meetings, grand rounds, clinical outreach, and professional development opportunities tailored to their interests and expertise.

Description of setting: The Columbia University Department of Psychiatry is one of the largest in the country in terms of faculty size as well as state, federal, and foundation research support. We are currently among the top ranked in the nation for Psychiatry in the US News & World Report Best Hospital rankings. We have extraordinary clinical, educational, and research resources. The fellow will work in the University's growing Midtown site, treating a diverse, adult, outpatient population in the hospital's faculty practice organization.

Description of fellowship experience:

- Fellow will conduct psychiatric intakes.
- Fellow will conduct individual psychotherapy.
- Fellow will co-lead group psychotherapy (DBT skills groups, with opportunities for Process Groups, CBT skills groups).
- Fellow will participate in clinical outreach.
- Fellow will participate in supervision, didactics, team meetings, and professional development opportunities. Supervision will be provided for psychotherapy, group therapy and psychiatric intakes.
- Fellow will work with and learn from an interdisciplinary team of psychologists, psychiatrists, social workers, and medical practitioners.

Opportunities for specialization include

- Dialectical Behavioral Therapy
- Personality Disorder Treatment
- Trauma Treatment
- Family and Couples Treatment
- Day Treatment Program Rotation

Outpatient experience: The fellow will treat adult patients with mood, anxiety and personality disorders by providing individual psychotherapy and group psychotherapy.

Supervision and Didactics: The supervision and didactic experience is central to the postdoctoral fellowship. The fellow has a minimum of two hours of individual supervision for psychotherapy cases and evaluations, as well as group supervision and consultation. Individual supervisors and didactic instructors have a breadth and



depth of clinical specialization including personality disorders, trauma, gender identity, grief, substance use, and stress management. At the start of the year, the fellow will participate in weekly time-limited trainings to bolster their skills in those pertinent to our patient population. The fellowship will provide postdoctoral clinical hours and supervision necessary for licensure.

Application and Start Date Information:

Email to Dr. Loran a cover letter, CV, & 2 letters of recommendation. Please email all materials together; not in separate messages.

Please Note: that all applicants must have completed their internship and successfully defended their dissertation prior to beginning the fellowship.

Ideal Candidates: Candidates will have prior experience working in a hospital setting and treating a diverse clinical patient population with a large depth and breadth of experience with different illnesses and treatment modalities. Experiences working with personality disorders is highly preferred.

Applications will be accepted until Wednesday 1/1/20

Start date negotiable July 1st to September 1st 2020 – June to August, 2021.

Fellowship Co-Directors: Erin Engle Psy.D. & Elizabeth Loran Ph.D.

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