

School-Based Health Center Program – Columbia University Mailman School of Public Health

The School-Based Health Center Program (SBHCP) is an outpatient primary care service that is part of the Columbia University Mailman School of Public Health and New York-Presbyterian's Ambulatory Care Network (ACN). SBHCP works under the oversight of the New York City Department of Health to provide school-based services, including medical, dental, health education, and mental health in public schools throughout Northern Manhattan and the Bronx, currently serving middle school, high school, and some elementary students across 7 sites.

The School-Based Health Center Program provides on-site clinical, psychiatric, case management, and school-consultation services to adolescents from 6th to 12th grade and their families. Patients frequently have a variety of adjustment problems as well as externalizing and internalizing disorders. The populations across sites are primarily African American and Hispanic, including both Spanish speaking as well as bi-lingual families. All services are provided on-site by school-based mental health providers. Community-based referrals for additional supportive services or transfers to a higher level of care are made as needed.

Externs will have the opportunity to provide individual therapy, group therapy, family therapy, mental health screening/assessment, diagnostic evaluations, parenting support, teacher/staff consultation, participation in psychoeducation workshops, and linkage to appropriate community-based services. Externs will also become familiarized with the process of making in-house referrals and collaborating with other disciplines to provide students with the spectrum of care available at the clinic.

The extern is expected to carry approximately 4-5 therapy cases including a combination of individual cases and cases from a group, which they will co-lead with their supervisor. Externs will also have the opportunity to complete approximately 1 evaluation per month and review 1 mental health screen per week.

Externs will be supervised by New York State Licensed Psychologists. The extern will receive 1 hour per week with their primary clinical supervisor regarding evaluation and therapy cases, 1 hour of bi-weekly peer group supervision, participate in 1 hour monthly multidisciplinary team meetings, and 1 hour of monthly interdisciplinary case conference. A monthly didactic seminar focused on school-based clinical work and professional development will be provided as well as an additional set of 10-12 didactic seminars focused on a variety of clinical techniques and approaches that take place during the initial summer months.

The externship will run from July 1st through the end of June. Externs are expected to complete 16 hours per week over 2 days, which is typically a combination of clinical work, supervision, and time to complete and finalize documentation. Externs will also attend monthly meetings and didactic seminars that occur during their scheduled hours. Mondays, Wednesdays, and Fridays are the typical days that externs are on site with Wednesday being a required day for the externship.

Doctoral candidates must be enrolled in at least their 3rd year in an APA-accredited clinical or school psychology program, have experience of working with children and adolescents, and have knowledge of the DSM-V and child assessment. To apply, please email a letter of application, CV, and two letters of

recommendation to Dr. Yolanda Thomas at yot9010@nyp.org and Cc Dr. Donya Rhett at dvr9002@nyp.org.

For more information, please contact:

Externship Coordinator: Yolanda Thomas, Ph.D.

Phone: 646-617-0294

Email: yot9010@nyp.org