
SYLVIE MESSER, BA

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Education

- 2016-2017 **Hunter College, CUNY** – New York, NY
Bachelor of Arts in Psychology
GPA: 3.98
- 2013-2016 **Orange Coast College** – Costa Mesa, CA
- 2010-2011 **University of Hartford** – West Hartford, CT
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Publications

1. **Messer, S.**, Siegel, A., Bertin, L., Erblich, J. (2018). Gender differences in affect-triggered lapses during smoking cessation: A daily diary study. *Addictive Behaviors* (87) 82-85.
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Research Experience

The Horga Lab, Supervisor: Guillermo Horga, MD, PhD

Research Assistant

02/18 to Present

The New York State Psychiatric Institute at Columbia University - New York, NY

- Project: Behavioral “beads” belief updating task in a clinical-high risk population -recruitment of participants, administering task, data entry and data analysis
- Recruitment and coordination of behavioral and imaging studies in a variety of clinical populations, including adolescents and young adults
- Carrying out imaging procedures (MRI and fMRI), clinical interviews and clinical assessments (e.g., PDI, CAPS, Hollingshead, Matrics)
- Collecting, organizing and cleaning clinical and behavioral data for various MRI and non-MRI studies
- IRB proposal submissions, renewals, and amendments and grant related issues

Alcohol and Nicotine Lab, Supervisor: Joel Erblich, PhD, MPH

Undergraduate Research Assistant

02/17 to 05/18

CUNY Hunter College – New York, NY

- Project: Coordination and preparation of new protocol for alcohol craving study in college students
 - Nicotine cue-induced cravings qualitative analyses
 - Conducting literature reviews and writing research papers from both current and past data sets
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Clinical Experience

The Door, A Center of Alternatives – New York, NY

Intake Counselor Intern

08/17 to 02/18

- Interview new members for an intake process by having a thorough conversation about home, education, friends, drugs and alcohol, sexual activity and health, mood
- Provide new members with knowledge, resources and support for services in legal, counseling, job opportunities, extracurricular, college advising, health services center, crisis intervention and runaway and homeless youth.
- Mandated reporter responsibilities, documentation and reporting of information through salesforce, follow-up phone calls to new members

Monarch Place Recovery – Costa Mesa, CA

House Manager and Coordinator

01/2015 to 07/15

- Support residents in transition from in-patient substance abuse program to residential sober living home and Intensive Outpatient (IOP)
- Mediate any issues between client and their families regarding transition
- Manage transportation services to IOP, 12 step meetings, doctor visits, etc.

Newport Academy – Orange, CA

Care Coordinator

05/14 to 10/14

- Support staff at adolescent residential treatment center and school for mood disorders, alcohol and substance abuse and eating disorders
- Responsible for clinical notations for each client interaction during each shift
- Manage client transportation to aftercare, distribute medication, assist in biweekly family therapy

Balboa Horizons – Newport Beach, CA

Support Staff

03/13 to 07/13

- Shift coordinator for men and women's IOP substance abuse and co-occurring disorders program
- Drug test coordinator in IOP program, write clinical notes for each shift and sit group therapy to observe clients and assist therapist if needed
- Support staff for women's in-patient residential facility; clinical notes, transportation to meetings, facilitate evening process group

Honors and Awards

2017 Psi Chi, International Honors Society in Psychology

2017 Hunter College Dean's List

Professional Trainings and Certifications

2018 MRI Safety Procedures Training for Research Assistants – New York State Psychiatric Institute

2018 Drupal Distribution Training - Web Development for Columbia University Medical Center

2018 Collaborative Institutional Training Initiative (CITI) training: Biomedical researchers & key personnel, CITI good clinical practice, Social & behavioral researchers & key personnel

2017 Collaborative Institutional Training Initiative (CITI) training: Basic Course

2017 Mandated Reporter Training: Identifying and Reporting Child Abuse Maltreatment

Skills

Excel, Matlab, neuroimaging procedures (MRI), EEG, clinical assessments, web development, and task administration in E-prime

Relevant Coursework

Behavioral Neuroendocrinology

Behavioral Pharmacology

Abnormal Psychology

Psychology of Women

Psychosocial Rehabilitation and Recovery

Experimental Psychology Research Methods

Principles of Biology

Child Growth and Human Development

Psychology Statistics

Psychobiology
