

COLUMBIA PSYCHOANALYTIC 2025-2026



*Surgeon, Dept. of Psychiatry, Psycho-
analytic clinic for training and research.*

Columbia University

IN THE CITY OF NEW YORK

FACULTY OF MEDICINE

The Psychoanalytic and Psychosomatic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS



Serial

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COLUMBIA-PRESBYTERIAN MEDICAL CENTER

630 WEST 168TH STREET

NEW YORK 32, N. Y.

**THE COLUMBIA UNIVERSITY CENTER FOR
PSYCHOANALYTIC TRAINING AND RESEARCH
2025-2026**

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Associate Director, Chair, Psychotherapy Division

Pamela Meersand, PhD

Associate Director, Chair, Child Division

Barry Stern, PhD

Associate Director, Chair, Psychology Division

OUR MISSION

A school of Columbia's Vagelos College of Physicians and Surgeons and an integral component of its Department of Psychiatry, the Center seeks to promote the health of individuals, families, and communities by

- Providing the highest caliber training to a diverse group of clinicians in the alleviation of distress through modern, psychoanalytically-informed treatments;
- Advancing our understanding of the mind, human relationships, and society; and
- Through interdisciplinary dialogues, bringing analytic ideas to our professions and the world.

Our core commitments include the promotion of analytic inquiry, curiosity, and humility; the critical and creative study of an evolving and broad range of theoretical approaches; and the foundational importance of building belonging among all our members through the ethical practices of equity and inclusion.



FROM THE DIRECTOR

The bulletin you're holding, printed to celebrate the arrival of the Center's new trainees and the accomplishments of its faculty, is an anniversary issue. The very first edition, whose cover you can see reproduced on the back of ours, was published for the Center's inaugural academic year, 1945-46.

This is our octogintennial!

In marriages, the 80th anniversary is celebrated by gifts made of oak, presumably because of the strength and longevity of oak trees. At 80, our Center is unquestionably sturdy and enduring, but I think the symbol of the oak has another meaning for us this year.

The Center's first bulletin announced just one training program. Physicians who had completed their internship in psychiatry were admitted to a three-year course of study in psychoanalytic theory, technique, and research. Only those returning from military service were offered an option—a less intensive non-degree program expected to end “with the closing of the demobilization period.”

Today, we have the honor of welcoming trainees from around the world into a wealth of diverse programs. With courses of study for beginning psychiatry residents and psychology graduate students to those for senior faculty members seeking to develop their work as educators, our original program in psychoanalysis has ramified widely into the expansive Center we know today. Happily, this year inaugurates a new dimension in that growth. For the first time in the Center's life, those joining four of our psychotherapy programs will be recognized by the university as Columbia graduate students deserving of the same benefits afforded to our psychoanalytic candidates.

On our Oak Anniversary, it's humbling to compare our longevity to that of a tree capable of weathering hundreds of years. I hope we'll come to deserve that comparison someday. But oaks are also admired for the distinct way they branch into broad, spreading crowns, and that's a metaphor I'm proud to believe we have already earned.

To those joining us for the first time who have found a Center program that suits their interests, welcome! I hope you will make your professional home here under the Center's canopy in the years to come. And to those new and returning faculty whose time and talent enable the Center to extend its offerings to an ever-expanding student body, thank you for the gifts you will give our trainees this year and in the future.

I wish you all a rich and rewarding year of teaching and learning. Happy 80th!

Warmly,

A handwritten signature in blue ink, appearing to read "Justin", with a stylized flourish at the end.

Justin Richardson, MD
Director

OUR NEW TRAINEES

CREEDMOOR RESIDENCY

Justin Itteera, MD
Chinwendu Obijuru, MD

Anushka Tomar, MD
Adam Salman, MD

PSYCHOANALYTIC FELLOWSHIP

Liam Butchart, MD
Joshua Daniel, DO
Matthew Devine, MA
Joseph Flaxer, MD, MPH
Ethan Glasserman, MA
Samantha Kirshon, PsyD
Candidate

Raya Kumar, PsyD
Kamila Nuritova, DNP
Candidate
Emma Pendry-Aber, MA, PsyD
Candidate
Jenna Sperling, PsyD

PSYCHOLOGY EXTERNSHIP

Alyssa Rogers Bertram

Sarah Simon

CHILD AND ADOLESCENT PSYCHODYNAMIC PSYCHOTHERAPY

Miglia Cornejo, DO
Trischann Corcoran, LCSW
Lauren Deaver, MD
Ghiwa Haidar, MA

Jamie Martino, MSN
Joseph Pereira, MD
Aniella Perold, PhD
Justin Steinfeld, MD, PhD

PARENT-INFANT PSYCHOTHERAPY

Silvie Arabia, MPH, MSN
Lilia Berkovich, PsyD
Anton Livshin, DO
Khatiya Moon, MD

Fernanda Ruiz-Tagle Gonzalez,
MSc, PhD
Konstantinos Taliouridis, PhD

CHILD AND ADOLESCENT PSYCHOANALYSIS

Catherine Boutwell, PhD

Miriam Goldblum, MD

TRANSFERENCE-FOCUSED PSYCHOTHERAPY

Sammir Abdelmegid, PsyD

Travis Alsky, DO

Rachel Altman, PsyD

Patrick Baldwin, PsyD

Jenifer Chappell, MSW

Jaclyn Davis, PhD

Brian Donatelli, MD

Greg Gabrellas, MD

Josh Greene, MD, PhD

Adnan Jaber, PhD

Tracy Masella, LCSW

Linnea Mavrides, PsyD

Emily Menand, MD

Carlos Mendiola Ortega, MD

Mira Milad, MD

Daniel Richter, MD

Mark Ruffalo, MSW, D.Psa

Lauren Sweitzer, PsyD

Mary Tate, LCSW

Jessica Weiss, LCSW

TRAUMA-INFORMED PSYCHODYNAMIC THERAPIES

Annette Attolini Fertuck, PhD

Joanna Bird, MD

Joe Cohen, LCSW

Adam Critchfield, MD

Hillary Forbes, MSW

Christina Garza, MD

Jennifer Harrington-Knopf, MD

Abigail Hawkins, MD

Susan Karabell, MD

Rebecca Klein, MD

Claudia Nelson, MD

Jack Pula, MD

Beverly Shin, MD

Janel Smietana, MD

Christian Umfrid, MD

ADULT PSYCHOANALYSIS

Abdel Aziz Al Bawab, MD

Ryan Badolato, MD

Raj Chablani, MD

Suzanna Chen, MD

Kate Fruitman, MD

Norman Greenberg, MD

Kathleen Hanlon, MD

Hyungji Kim, PhD

Caleb “Cal” Koljack, MD

Jeremy Levit, MD

Dmitry Ostrovsky, MD

Soe Thein, MD

CAPE ASC

John Burton, MD

Chris Cselenyi, MD

Michael Feldman, MD

Yael Holoshitz, MD

Adam Libow, MD

Timothy Rice, MD

Alexandra Sacks, MD

David Stern, MD

OUR NEW FACULTY

Catherine Boutwell, PhD _____

Dr. Catherine Boutwell is a psychologist and psychoanalyst in private practice, where she treats children, adolescents, and adults. She earned her doctorate from The New School for Social Research and completed a postdoctoral fellowship at Columbia University Medical Center. Currently, she serves as a clinical consultant and supervisor for postdoctoral fellows at The Motherhood Center of New York. Dr. Boutwell recently joined Weill Cornell's Women's Program, where she supervises postdoctoral fellows and psychiatry residents in infant-parent dyadic psychotherapy. She is also delighted to join the faculty at Columbia University as a co-chair of the Process Track and an assistant instructor in the Development and Psychopathology courses.

Timothy Cooper, MD _____

Timothy Cooper was born in Canada and grew up in the Midwest. He graduated with honors in neurobiology from Stanford, then attended medical school at Columbia. He completed psychiatry residency and a fellowship in forensic psychiatry at NYU, during which time he started a private practice in lower Manhattan. He previously served as a Clinical Assistant Professor in psychiatry at NYU.

Christina Kitt Garza, MD _____

Christina Kitt Garza, MD is a recent graduate of the Columbia Center for Psychoanalytic Training and Research who is looking forward to joining the Process II and Diversity courses as an assistant instructor this year. Kitty received her undergraduate and medical degrees from Georgetown University. She completed her adult psychiatric residency and consultation-liaison psychiatry fellowship training at New York Presbyterian - Columbia University Irving Medical Center. Since 2013, Kitty has worked as an Assistant Professor of Psychiatry in the Division of Consultation-Liaison Psychiatry at Columbia, where she teaches and supervises medical students, residents, and fellows performing psychiatric consultations on medical and surgical units.

Sarah Jane Grossbard, MD ---

Sarah Jane Grossbard grew up in New York City. She attended Harvard College, receiving her bachelor's degree in American History and Literature. She completed her MD at Harvard Medical School. She trained in psychiatry at Cambridge Hospital in Cambridge, MA, and at New York University School of Medicine.

After residency, Sarah Jane spent most of her professional time in private practice. Outside of practice, she was a volunteer evaluator for asylum seekers, and a volunteer psychiatrist with a church in Harlem that had opened a clinic for their community. Encouraged by her therapist as well as colleague/friend (and future co-candidate), Claudia Nelson, Sarah Jane entered psychoanalytic training. She completed her training in June of this year. Last year, Sarah served as an associate instructor in the Adult Psychodynamic Psychotherapy Program.

William Jock, MD ---

Bill is a recent graduate of the Center. This year, he will serve as Associate Instructor for the first year Freud course. He was a psychology major in college, where he first enjoyed reading Freud and his critics and followers. Bill went on to complete his PhD at the New School, where he continued a deep dive into Psychoanalysis under the guidance of Herb Schlesinger, David Shapiro, Jeremy Safran, and others. His dissertation was a randomized controlled trial on the effects of psychodynamic supervision on interpersonal process in CBT cases. Bill was eager to complete formal Psychoanalytic Training at Columbia, due to its pluralistic approach, which had served him well in undergraduate and graduate settings. He is currently in full-time private practice, supervises psychology doctoral students, and is working on some clinical and theoretical papers.

Adam Libow, MD ---

Dr. Libow is an adult and child psychiatrist and psychoanalyst. He received his BA from The Johns Hopkins University in 1999 and his MD from the Weill Cornell Medical College in 2004. Dr. Libow completed his psychoanalytic training at New York Psychoanalytic Society and Institute in 2014. Dr. Libow is joining the Center's faculty as a CAPE ASC participant.

Michelle Bengler Merrill, MD _____

Michelle will be continuing her work as Co-Chair of Recruitment for the Center. In addition to welcoming prospective trainees to all of the training programs, she leads the monthly educational seminar, “Why Psychoanalysis”. This seminar is an opportunity for interested students and early career practitioners to learn about case material and psychoanalytic concepts from current trainees and faculty. In addition, she will be teaching in the Creedmore Residency Program and supervising long term therapy cases for Columbia Psychiatry Residents.

Rebecca Nejat, MD _____

Dr. Nejat received her undergraduate degree from Barnard College and her medical degree from New York University. She completed her residency in adult psychiatry at Weill Cornell Medicine in 2018, where she served as chief resident in her final year. Dr. Nejat practices full time in her own outpatient adult private practice on the Upper East Side. Alongside clinical work, she serves as a Clinical Assistant Professor of Psychiatry in Cornell's adult psychiatry residency program, where she has the honor of supervising residents. She will be the associate instructor for the Core Concepts course and Co-Chair of admissions at the Center for the 2025-2026 academic year.



J. Emiliano Serna-Galindo, PhD ---

J. Emiliano Serna-Galindo is a clinical psychologist and certified Transference-Focused Psychotherapy (TFP) therapist with a Doctorate in Psychotherapy. He completed his undergraduate studies in psychology at Universidad Regiomontana in Mexico, followed by a postgraduate residency in Clinical and Hospital Psychotherapy at the Department of Psychiatry, Faculty of Medicine, and University Hospital of the Autonomous University of Nuevo León. He completed both the TFP and Adult Psychodynamic Psychotherapy programs at the Columbia University Center for Psychoanalytic Training and Research. His doctoral research, conducted at the Center for Postgraduate Studies of the Mexican Psychoanalytic Association, focused on examining the personal and professional competencies that enable experienced psychotherapists to manage acute paranoid transferences and negative countertransference, and to sustain long-term treatments with patients with severe personality disorders. Previously, he redesigned and taught the elective courses “Psychodynamic Theories” and “Personality Assessment” for the undergraduate psychology program at Universidad Regiomontana. He has published in Psychoanalytic Psychology (APA) and Psychodynamic Psychiatry, and has served as a peer reviewer for Psychoanalytic Psychology. He frequently presents at national congresses on the psychodynamic treatment of personality pathology and maintains a full-time private practice in Monterrey, Mexico, specializing in the evaluation and treatment of complex mental disorders.



OUR AWARDEES

JOHN F. O'CONNOR AWARD

PRESENTED BY: [Janis Cutler, MD](#)

The John F. O'Connor Award is given to the candidate or faculty member who has contributed the most to teaching psychodynamic concepts to medical students. It was established to commemorate Dr. O'Connor's dedication to teaching medical students at Presbyterian Hospital and to reward those who are assuring psychoanalysis a secure future by teaching and serving as role models to aspiring physicians. This year's O'Connor Award is given to Ariel Goldenthal, MD.

Ariel Goldenthal, MD ---

Ariel Goldenthal, MD, is an Assistant Clinical Professor of Psychiatry and Assistant Director of Medical Student Education in Psychiatry at Columbia University, a second-year psychoanalytic candidate at the Columbia University Center for Psychoanalytic Training and Research, and maintains a private practice at Columbus Circle. She graduated Phi Beta Kappa from the University of Pennsylvania and attended medical school at the Columbia University Vagelos College of Physicians & Surgeons, where she received the Barbara Liskin Memorial Award in Psychiatry and the NYP Physician of the Year Award. She completed her residency at Columbia, serving as Education and Curriculum Chair, conducting research on the neurobiological effects of early life trauma, and completing the Columbia Psychoanalytic Fellowship. Since then, she has taught residents at Creedmoor and Columbia, receiving the Early Career Award from the Columbia Psychiatry graduating class of 2025. She especially enjoys teaching psychodynamic psychotherapy concepts to medical students and feels honored by the recognition from the Center, as well as deeply grateful for the mentorship and support of Dr. Janis Cutler.

ALEXANDER BELLER AWARD

PRESENTED BY: **Bernadine Han, MD**

The Alexander Beller Award, named in memory of our esteemed colleague to honor his unstinting commitment to psychoanalysis and psychoanalytic education, is presented to candidates or recent graduates (within five years) of the Columbia University Center for Psychoanalytic Training and Research in recognition of a significant scholarly study in the general area of psychoanalytic theory. This year's Beller Award is given to Jay Crosby, PhD, and Brian E. Smith, PhD, JD.

Jay Crosby, PhD

Jay Crosby is a psychoanalyst and clinical psychologist in private practice in New York. He is a Clinical Assistant Professor in Psychiatry at NYU School of Medicine, is on the faculty at the Columbia University Center for Psychoanalytic Training and Research, and also teaches and supervises at the Greene Clinic in Brooklyn. Jay holds a Ph.D. in Clinical Psychology from the Derner Institute of Advanced Psychological Studies at Adelphi University, an A.M. in the History of Religions from the University of Chicago, and received additional clinical training from the Melanie Klein Trust. He has written, published, and presented papers on a range of topics including early psychosis, the psychodynamics of overstimulation, and messianism and object use. He recently presented a work in progress, "The Disabling Object" at the 57th ATPPP Scientific Session at the Toronto Psychoanalytic Institute and Society.

Brian E. Smith, PhD, JD

Brian E. Smith, PhD, JD is a general and addictions psychologist and psychoanalyst in private practice in New York, where he is Assistant Clinical Professor of Medical Psychology at Columbia University. A 2023 graduate of the Center, he now supervises its psychology externs and teaches in the psychoanalysis curriculum. He holds an undergraduate degree from George Washington University, a law degree from Yale, and a PhD in clinical psychology from The Derner Institute, Adelphi University. He is a past president of the Addictions Division, and past member of the board of directors, both of the New York State Psychological Association. He previously was on the psychiatry faculty at Montefiore Medical Center–Albert Einstein College of Medicine, where he worked as an HIV psychologist in the South Bronx. He has taught and supervised trainees at a number of hospitals, graduate schools, and law schools.

LIONEL OVESEY AWARD

PRESENTED BY: Susan Vaughan, MD

The Lionel Ovesey Award, begun in 1997, is given jointly by the Center and the Association for Psychoanalytic Medicine to a candidate or recent graduate at the Psychoanalytic Center who has been significantly involved in original research, made an important contribution to the psychoanalytic literature, or has been the primary person responsible for developing an innovative teaching or treatment program that has psychodynamic theory of treatment as its primary component. This year's Ovesey Award is given to Diana E. Moga, MD, PhD for her contributions to the psychoanalytic understanding of neurodiversity.

Diana E. Moga, MD, PhD _____

Diana E Moga, MD, PhD, received her medical degree and her doctorate in Neuroscience from the Mount Sinai School of Medicine and completed psychiatric residency and psychoanalytic training at Columbia's Presbyterian Hospital/New York State Psychiatric Institute and the Columbia Center for Psychoanalytic Training and Research, respectively. She is currently an assistant professor of psychiatry at Columbia University, and a training and supervising analyst at Columbia's Center for Psychoanalytic Training and Research. She also chairs the Sexuality course and teaches on psychedelic assisted psychotherapy, neuropsychoanalysis and trauma at Columbia and has taught gender and sexuality courses at analytic institutes across the country. She has published book chapters and articles on psychodynamic and psychoanalytic education, gender and sexuality and neurodiversity. She has a private practice on the Upper West Side of Manhattan specializing in trauma and neurodiversity.

OUR TEAM

DIVISION CO-CHAIRS

Jay Crosby, PhD

Co-Chair, Psychology Division

Timothy Rice, MD

Co-Chair, Child Division

**Michele Rosenberg, MD, Anna Schwartz, MD, and
Barry Stern, PhD**

Co-Chairs, Psychotherapy Division

COMMITTEE CHAIRS

John Barnhill, MD

Chair, Faculty Affairs Committee

**Alison Brown, PhD, Natasha Chriss, MD, and
Bernadine Han, MD**

Co-Chairs, Curriculum Committee

**Sabrina Cherry, MD, Ruth Graver, MD,
Sharone Ornstein, MD, and Holly Schneier, MD**

Co-Chairs, Columbia Academy for Psychoanalytic Educators

David Gutman, MD and Sandra Park, MD

Co-Chairs, Awards Committee

Alyson Gorun, MD and Rebecca Nejat, MD

Co-Chairs, Admissions Committee

Jane Halperin, PhD

Chair, Mentorship Committee

Michelle Merrill, MD and Alexandra Sacks, MD

Co-Chairs, Recruitment Committee

Abby Mulkeen, MD and Maya Stowe, MD

Co-Chairs, Case Intake Committee

Alicia Rojas, MD

Interim Chair, Diversity, Equity, Inclusion and Belonging Committee

Susan C. Vaughan, MD

Chair, Advancement Committee

PROGRAM CHAIRS

John Burton, MD and Dan Chrzanowski, MD

Co-Chairs, Psychoanalytic Fellowship

Eve Caligor, MD, Barry Stern, PhD, and

Frank Yeomans, MD, PhD

Co-Chairs, Transference Focused Psychotherapy Program

Susan Coates, PhD and Michele Rosenberg, MD

Co-Chairs, Trauma Informed Psychodynamic Therapies Program

Katherine Dalsimer, PhD

Chair, Affiliate Scholars Program

Emma Golkin, MD, Chair and

Katherine Cahn-Fuller, MD, Co-Chair

*Creedmoor Residency Psychodynamic Psychotherapy
Training Program*

Ruth Graver, MD and Sharone Ornstein, MD

Co-Chairs, CAPE Analyzing and Supervising Candidates

Talia Hatzor, PhD

Chair, Parent-Infant Psychotherapy Program

Juliette Meyer, PhD, Chair / Director and

Brian Smith, PhD, Co-Chair / Admissions Director
Psychology Externship

David Schab, MD, Chair and Elhav Weinstein, MD, Co-Chair

Adult Psychodynamic Psychotherapy Program

Wendy Turchin, MD

Chair, Child and Adolescent Psychodynamic Psychotherapy Program

Adele Tutter, MD, PhD

Chair, Psychoanalytic Studies Program

ELECTED REPRESENTATIVES

**Ellen Rees, MD, Shabnam Shakibaie Smith, MD, and
Nina Tager, MD**

Faculty Representatives

Richard Glisker, PhD, and Jose Sanchez-Cruz, MD

Co-Presidents, Candidate Organization

Aerin Hyun, MD, PhD

Representative, Coalition of Concerned Analysts of Color

ADMINISTRATIVE STAFF

Madrid Poultney

Program Manager

Chris Doherty

Program Coordinator



PROGRAM OF LECTURES, SEMINARS, CASE
DEMONSTRATIONS, AND CLINICAL CONFERENCES

- 1. Freud's work.** 32 hours (one two-hour session weekly). First year (Oct.-Jan.). Instructor to be announced.

Historical review of Freud's writings. Discussion of assigned reading material.

- 2. Psychodynamics as a basic science of human behavior.** 64 hours (one two-hour session weekly). First year (Oct.-May). Dr. RADO and other members of the staff.

Life cycle. Sex differentiation. Normal, neurotic, and psychotic behavior. Experimental psychodynamics.

- 3. Psychosomatics.** 64 hours (one two-hour session weekly). Second year (Oct.-May). Dr. DANIELS and other members of the staff.

Problem of correlation. Physiological aspect of behavior. Psychodynamic aspect of physiological functions in health and disease.

- 4. Technique I.** 32 hours (one two-hour session weekly). First year (Feb.-May).

Detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression.

- Technique II.** 32 hours (one two-hour session weekly). Second year (Oct.-Jan.). Dr. RADO and other members of the staff.

Action dynamics of analytic therapy; reconstructive technique (psychoanalysis proper); briefer and psychosomatic methods. Choice of approach.

- 5. Psychodynamics and treatment of children.** 16 hours (one two-hour session weekly). Second year (Feb.-Mar.). Dr. LEVY and other members of the staff.

- 6. Comparative analysis of cultures.** 16 hours (one two-hour session weekly). Second year (Apr.-May). Dr. KARDINER and other members of the staff.

- 7. Methodology.** 16 hours (one two-hour session weekly). Third year (Oct.-Nov.). Dr. KARDINER and other members of the staff.

Guiding preconceptions and methods of psychological research. Synopsis of terminologies.

- 8. Seminar on survey of literature.** 16 hours (one two-hour session weekly). Third year (Dec.-Jan.). Instructor to be announced.

- 9. Case demonstrations.** 64 hours (one two-hour session weekly). First year (Oct.-May). Chiefs of Services and staff.

- 10. Clinical conferences.** 128 hours (one two-hour session weekly). Second and third years (Oct.-May). Chiefs of Services and staff.

