

Curriculum Vitae  
**SYLVIE MESSER, BA**

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## Education

**Ferkauf Graduate School of Psychology, Yeshiva University** – Bronx, NY  
Clinical Psychology with Health Emphasis, PhD Student, Degree Expected 2024

**Hunter College, CUNY** – New York, NY  
*Bachelor of Arts in Psychology, Degree Conferred 2017*  
GPA: 4.0

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## Publications

**Messer, S.,** Siegel, A., Bertin, L., Erbllich, J. (2018). Gender differences in affect-triggered lapses during smoking cessation: A daily diary study. *Addictive Behaviors*.

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## Honors and Awards

2017    Psi Chi, International Honors Society in Psychology

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## Research Experience

Smoking and Nicotine Dependence Research Lab, Supervisor: Andrea Weinberger, PhD  
*Doctoral Student, Graduate Student Researcher* *08/19 to Present*  
*Ferkauf Graduate School of Psychology, Yeshiva University – Bronx, NY*

- Project: investigating the relationship between smoking behavior and those at clinical high risk for schizophrenia

The Horga Lab, Supervisor: Guillermo Horga, MD, PhD  
*Research Assistant* *02/18 to Present*

*The New York State Psychiatric Institute at Columbia University - New York, NY*

- Project: coordination and spearheading of behavioral “beads” belief updating task
- Coordination of behavioral and imaging studies in a variety of clinical populations, including adolescents and young adults

- Carrying out imaging procedures (MRI and fMRI), clinical interviews and clinical and neuropsychological assessments (e.g., PDI, CAPS, Hollingshead, Matrics)
- Collecting, organizing and cleaning MRI, clinical and behavioral data for various MRI and non-MRI studies
- IRB proposal submissions, renewals, and amendments and grant related issues

Alcohol and Nicotine Lab, Supervisor: Joel Erblich, PhD, MPH

*Undergraduate Research Assistant*

02/17 to 05/18

*CUNY Hunter College – New York, NY*

- Project: Coordination and preparation of new protocol for alcohol craving study in college students
- Nicotine cue-induced cravings qualitative analyses, gender differences in smoking cessation
- Conducting literature reviews and writing research papers from both current and past data sets

## Clinical Experience

The Door, A Center of Alternatives – New York, NY

*Intake Counselor Intern*

06/17 to 04/18

- Interview new members for an intake process by having a thorough conversation about home, education, friends, drugs and alcohol, sexual activity and health, mood
- Provide new members with knowledge, resources and support for services in legal, counseling, job opportunities, extracurricular, college advising, health services center, crisis intervention and runaway and homeless youth.
- Mandated reporter responsibilities, documentation and reporting of information through salesforce, follow-up phone calls to new members

Monarch Place Recovery – Costa Mesa, CA

*House Manager and Coordinator*

01/15 to 07/15

- Support residents in transition from in-patient substance abuse program to residential sober living home and Intensive Outpatient (IOP)
- Mediate any issues between client and their families regarding transition
- Manage transportation services to IOP, 12 step meetings, doctor visits, etc.

Newport Academy – Orange, CA

*Care Coordinator*

05/14 to 10/14

- Support staff at adolescent residential treatment center and school for mood disorders, alcohol and substance abuse and eating disorders
- Responsible for clinical notations for each client interaction during each shift
- Manage client transportation to aftercare, distribute medication, assist in biweekly family therapy

Balboa Horizons – Newport Beach, CA

*Support Staff*

03/13 to 07/13

- Shift coordinator for men and women's IOP substance abuse and co-occurring disorders program
- Drug test coordinator in IOP program, write clinical notes for each shift and sit group therapy to observe clients and assist therapist if needed
- Support staff for women's in-patient residential facility; clinical notes, transportation to meetings, facilitate evening process group

## **Professional Trainings and Certifications**

- 2019 CITI Training – Yeshiva University
- 2018 MRI Safety Procedures Training for Research Assistants – New York State Psychiatric Institute
- 2018 Drupal Distribution Training - Web Development for Columbia University Medical Center
- 2018 Collaborative Institutional Training Initiative (CITI) training: Biomedical researchers & key personnel, CITI good clinical practice, Social & behavioral researchers & key personnel
- 2017 Collaborative Institutional Training Initiative (CITI) training: Basic Course
- 2017 Mandated Reporter Training: Identifying and Reporting Child Abuse Maltreatment