

Columbia University Clinic for Anxiety and Related Disorders (CUCARD) – Westchester

Postdoctoral Fellowship in Clinical Psychology

Director: Anthony Puliafico, PhD

Description of service: CUCARD Westchester is an outpatient treatment clinic in the Child and Adolescent Division of Columbia University Irving Medical Center's Psychiatry Department and is located in Tarrytown, NY. CUCARD Westchester specializes in the diagnostic assessment and evidence-based treatment of anxiety, OCD and related disorders in children, adolescents and young adults. CUCARD Westchester's staff is comprised of Columbia University faculty members, all of whom have expertise in cognitive-behavioral treatment for anxiety and related disorders. We offer individual and group treatment as well as accelerated treatment programs for youth exhibiting school refusal behavior, severe OCD symptoms or marked interference caused by anxiety. In these accelerated treatment programs, individuals receive treatment intensively, up to five times per week, depending on clinical need.

Description of Fellowship: The postdoctoral fellowship at CUCARD Westchester provides advanced training in cognitive-behavioral treatment, and particularly exposure-based interventions, for anxiety disorders, OCD, and related difficulties. Specific clinical duties include:

- Individual cognitive-behavioral treatment of children, adolescents and young adults with anxiety disorders and OCD
- Cognitive-behavioral group treatment for OCD, anxiety disorders, and youth exhibiting school refusal behavior
- Accelerated treatment in which patients are seen up to five times weekly to treat acute symptoms of anxiety and OCD
- Diagnostic assessment of childhood psychiatric disorders, with focus on anxiety disorders and OCD
- Providing clinical consultation for psychology externs
- Participation in presentations and training workshops

Educational Opportunities: Postdoctoral fellows will participate in regularly scheduled didactic seminars at CUCARD Westchester, in which staff clinicians and invited speakers will provide training in clinical interventions and other relevant topics. Fellows will also participate in Division-wide didactic seminars for

postdoctoral fellows and will be expected to attend Columbia University's Psychiatry Department Grand Rounds on a regular basis.

Supervision: Postdoctoral fellows will receive one hour of individual supervision and one hour of group supervision weekly.

Application Requirements: Applicants must have completed all requirements for their clinical psychology degree, including dissertation, or anticipate that all degree requirements will be met by the start of the postdoctoral fellowship. Applicants must have experience in the assessment and cognitive-behavioral treatment of anxiety disorders. Experience working with children and adolescents is also required. The fellowship is a full-time position; fellows are expected to commit 40 hours weekly.

Application Process: Interested applicants are encouraged to submit a cover letter, CV and three letters of recommendation to Dr. Anthony Puliafico at acp2137@cumc.columbia.edu.

Contact Information:

Director: Anthony Puliafico, Ph.D.

Phone: 646-317-3585

E-mail acp2137@cumc.columbia.edu

Website: www.columbiapsychiatry.org/clinicalservices/cucard-westchester