

Clinical Divisions

Clinical Services at NYSPI

Stephanie LeMelle, MD

Clinical Director

Clinical Services at NYSPI include the General Clinical Research Unit, the Washington Heights Community Service, the Schizophrenia Research Unit, Occupational Therapy and Recreation Therapy, Clinical Psychology, the Division of Clinical Social Work, and Healthy Outreach through Psychoeducation (HOPE) NY.

Admission rates this year continued at approximately 200 per year on the WHCS and GCRU and approximately 40 per year on the SRU. The social work clinical division served 600 patients and their families on the inpatient units, and approximately 1051 patient and their families on the Washington Heights Community Service, which also includes the Inwood and Audubon outpatient services.

The GCRU introduced a treatment intensity study for patients with anorexia nervosa comparing NYSPI treatment as usual, which entailed a many-month long stay, with a managed care type treatment which involves a short inpatient stay followed by a day program.

Dr. Francine Cournos returned as the Director of WHCS after serving as Interim and then Deputy Director of NYSPI. She also became the Principal Investigator on the New York/New Jersey AIDS Education and Training Center Grant, now the largest funded grant in the Department of Psychiatry.

More than 20 different IRB approved research protocols recruited patients in the SRU last year. These protocols are quite diverse, including neuroimaging (PET receptor studies, functional MRI, MRS), electrophysiology studies (ERP), and studies of social functioning or cognition as they relate to biological measures in schizophrenia.

autism, Lyme disease and other disorders. Altogether, our programs treated approximately 20,000 individuals in 2005.

Clinical Services at CU and NYPH

Frederic Kass, M.D.

Medical Director

The department provides clinical services at Columbia University Medical Center in programs operated through the NewYork-Presbyterian Hospital, as well as faculty practice programs operated through Columbia University. The programs are also teaching sites for medical students, residents, psychology interns and other types of trainees.

The inpatient program operates 65 licensed beds providing 1,651 adult annual discharges, clinics that provide over 70,000 visits to adults and children and a comprehensive psychiatric emergency program (CPEP) providing over 4000 visits for adults and over 900 for children.

Through Columbia faculty practice, the department operates a day treatment program, intensive outpatient program, a neuropsychology assessment service, comprehensive outpatient and inpatient evaluations of complex patients, and specialty consultative services for